



Adult DANCE Classes

Jazz. Ballet. Hip Hop. Pilates

Classes Begin September 22

Class Name**	Day	Time	Instructor
Beginning Ballet	Wed.	6:15 pm-7:15pm	Timothy Farley
Beginning Jazz	Mon.	6:45pm-8:00pm	Timothy Farley
Advanced Plus Jazz	Tues/Wed	5:30pm – 7:00pm	Nicole Helton
Beg./Inter. Hip Hop	Wed.	7:00pm-8:00pm	Shannon Abero
Adv. Hip Hop	Thurs.	7:00pm-8:00pm	Shannon Abero
Pilates	Mon.	4:15pm-5:00pm	Mindy Horwitz
Pilates	Wed.	4:15pm-5:00pm	Mindy Horwitz

**Our adult classes are also eligible for older teens

Shannon Abero has been featured dancer in *Memoirs of a Geisha* and on the *Ellen Degeneres Show* and performed at the House of Blues and for *Monster's of hip-hop*, as well as dancing for Nike's "Run Hit Wonder" and J. Lo's "Glow." Shannon has toured and taught internationally. She is known for her upbeat, ghetto style.

Timothy Farley has just moved to SB from NYC. He danced on Broadway (*Cats & Fosse*). Teaching credits include Broadway Dance Center in New York City 1996-2002. New York City Dept. of Recreation. Dance Director, 1996-2002 and Broadway Dance Center. Guest Teacher, Tokyo, Japan.

Mindy Horwitz is certified in Pilates and Gyrotonic. She teaches at Sympatics Pilates in Montecito. She has also performed and choreographed nationally and internationally over the past 30 years. She is trained in ballet, jazz, modern, and dance techniques. For the past 9 summers, Mindy has been teaching and choreographing for the Idyllwild Arts

Nicole Helton received her BFA in dance at UCSB. She also trained at UC Irvine and Fosmalle in Santa Ynez Valley. She has had her work featured in SB Dance Alliance's *New Works* and is currently working for the SB Dance Alliance in addition to teaching.

Questions? Call Santa Barbara Dance Arts: (805) 966-5299
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